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THE SWE-RMS NEWSLETTER TO TRANSITION TO AN ONLINE FORMAT!

For each issue, starting in January 2008, an email with a link to the newsletter will be sent to the SWE-RMS email list unless otherwise requested. If you prefer to receive a hardcopy of the newsletter please respond by November 15, 2007 to sandra.wiese@gmail.com or send a letter to SWE-RMS at P.O. Box 260692, Lakewood, CO 80226-0692 .

The electronic newsletter can always be found at: www.swe-rms.org Click on the "Newsletters" button on left.

LETTER FROM THE PRESIDENT

Submitted by Chris Tippett

I hope everyone enjoyed a fun and safe summer.

Now that Labor Day has come and gone, school has started, and there is a welcome chill in the air, it's time to get SWE-RMS moving along for this fiscal year. I'm happy to report SWE-RMS's summer was busy with the annual awards banquet, election of new officers, networking nights, and other business such as endowing two of our scholarships, and reviewing our financial audit.

We are ready for a full slate of activity in the upcoming year! It seems we have an action packed week coming up – Denver's Networking night on Tues. Sept. 18,

followed by Merrick's Ethanol Recovery Project Tour at Coors on Thurs. Sept. 20, and finally SWE-RMS's Succession Planning meeting on Sun. Sept. 23. Whether you'd like to stop by for a drink at the networking night, see how we convert the waste drinks to fuel at the Project Tour, or come discuss our succession at the planning meeting, we'd be happy to see you at any or all of the events! Check this newsletter and future newsletters for more information on these events, as well as the upcoming Macy's Shop for a Cause Day, SWE National Conference, Region i Conference, upcoming programs, tours and networking events.

I think fall is my favorite

time of year. The crisp morning air hints at the upcoming winter. The leaves turn colors and remind me that change, whether big or small, is a part of our life. Change at home, change at work, change in SWE. I challenge myself and also encourage you to look around and see where you can be an agent of change, and growth. I hope to visit with you at an upcoming event this fall!

Sincerely,
Chris

MESSAGE FROM THE PAST PRESIDENT

Submitted by Lori Stucky

I would like to personally like to thank everyone for making FY'07 such a Successful year, especially the officers and committees. Every little bit helps! I want to highlight some of our successes for this past year.

Career Guidance Participation

Essay contest had 157 entries from 11 schools

45 Freshman scholarship applicants representing 39 Colorado and Wyoming high schools

15 College scholarship candidates from 4 universities

1400 attendees at Girls Exploring Engineering, Science and Technology Event (GESET)

Endowed Lottie Miner College Scholarship

Endowed Dorolyn Lines College Scholarship

Sponsored Colorado State Science Fair and Future City Awards

Expanded our outreach to Colorado Association of Black Professional Engineers & Scientists (CABPES)

Professional & Section Development

Established a new Award Program for the Section

Increased attendance at the monthly networking nights

Implemented new financial procedures

Inspiring guest speaker at the Annual Awards Banquet

Holiday gathering with 15 SWE members and guests

Hosted a joint meeting with Society of Military Engineers (SAME)

Partnered with GE Women's Network Evenings

Increased involvement with American Council of Engineering Companies of Colorado (ACEC/CO)

We have a lot of great activities planned for the upcoming year, so please keep reading your newsletters. We are moving to an electronic format January 2008. If you prefer to receive a hardcopy of the newsletter please respond by Nov 15, 2007 to Sandra.wiese@gmail.com or SWE-RMS at PO Box 260692, Lakewood, CO 80226-0692 so you can keep informed on SWE-RMS happenings.

I have thoroughly enjoyed getting to know the women of the Rocky Mountain Section. I look forward to growing these relationships in the coming years as I transition into COR. Thank you again for a successful year! A special thanks to members who participated in the events and programs throughout the year. Remember your participation is what makes SWE-RMS so great!

Lori Stucky
SWE-RMS Past President
SWE-RMS COR

SWE-RMS NETWORKING NIGHTS

Fort Collins Networking Night

Submitted by Katrina Winborn

Hello, SWE-RMS! We are starting the Ft. Collins-area SWE Networking Nights, following our summer break. The next one is scheduled for Thursday, Sept. 20th, from 6-8 pm at the Savoy Brasserie in south Ft. Collins. The Savoy Brasserie, just off Harmony Road between Timberline and Lemay, is a new French restaurant in town. I looked at their menu, and it seems they have very reasonably priced items, for those of you who want to order a bite to eat while there. The restaurant looks rather nice, too – some of you might remember this is the same building that housed Mulligan's and Somi's, and the interior is very nice.

Join us for a fun, informal get-together with fellow SWE members and women engineers. There is no cost to attend, except for the cost of your food and drinks. For the past 2 years, we've had a great turnout for the "First of Fall" Networking Night, so hopefully we can have the same fortune this year. Please forward this note along to others who might be interested, and come on out for some casual networking.

(The plan for future Ft. Collins Networking Nights is to have one on the 3rd Thursday of November, January, March, and May, provided that these Thursdays don't present major scheduling conflicts. Emails will be sent out for these future Networking Nights a couple of weeks before they occur. Also, if anyone is interested in helping me plan future Ft. Collins Networking Nights, or would like to take over the planning, please let me know – I would greatly appreciate some assistance and new ideas for our networking nights.)

For this upcoming Sept 20th night, please RSVP to me at kwinborn@comcast.net by Tuesday September 18th, so that I can let the restaurant know how many to expect. That night, the host/hostess at the Savoy Brasserie will know where we are located and can help you find our table, and as always, we'll try and keep a lookout for folks.

When: Thursday, September 20th at 6:00 pm

**Where: The Savoy Brasserie
1544 Oakridge Drive
Fort Collins, CO 80525
970-377-2778**

South Denver Networking Night

Submitted by Laurie Valaer

Join us for September's SWE-RMS South Denver Networking Night on Tuesday, September 18th!!!

This is a fun, informal get-together with fellow SWE members and women engineers. There is no cost to attend, except for the cost of your food and drinks.

South Denver Networking Night Details

When: Tuesday, September 18th at 6:00 pm

**Where: CB & Potts Restaurant & Brewery
6575 Greenwood Plaza Blvd
Englewood, CO 80111
(this is just West of I-25 on the North side of Arapahoe Road)**

RSVP: Please RSVP by COB on 9/14/07 to laurie@spiraloflife-coach.com or lvalaer@hotmail.com.

DO YOU TALK TOO MUCH AT WORK?

Taken from USNews.com

Think of someone who's long-winded (we all know such people). Chances are you also think of him or her as boring and self-absorbed. But is it possible people think *you* are a long-winded Benny Blowhard or Chatty Cathy? The more questions to which you answer yes, the more concerned you should be.

First, the problem. Do your pronouncements routinely exceed one minute? Do you wander off on tangents rather than staying on topic? Do your listeners often show signs of lack of interest, such as fidgeting, looking away, interrupting you or frequently saying "uh-huh" to push you to get on with it? Yes, some people are poor listeners by nature. But if you observe a lack of interest among more than a fourth of the people you converse with, the problem is more likely you.

At work, do you talk a lot about non-work-related matters? Your co-workers are probably not very interested in hearing about your home renovations or your child's soccer game. Are you detail-oriented? Such people often blather about things that are important to them but that bore the pants off the typical listener. Are you able to come up with many ideas on the fly and want to express them all in one fell swoop? At work, do people tend to look away from you when you walk by because they're afraid you'll bend their ear for ten minutes?

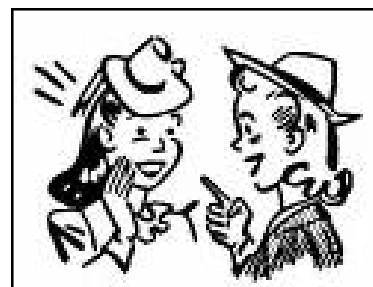
Have your close friends and relatives ever called you oblivious, self-absorbed, narcissistic, selfish or egocentric? A conversation is not a monologue -- it's about sharing and paying attention to the needs of the person you're talking to.

Recognize that you'll pay a big price for talking too much at work. You will be held in low esteem and will be less likely to have close friends. Some big-mouths believe it's worth the price -- talking is pleasurable and helps them clarify their thoughts. But you should consciously decide, perhaps on a case-by-case basis, whether it's worth the price.

Now, some remedial advice. Keep saying to yourself, Be concise! As you're talking, ask yourself whether you might be boring your listener. Recognize that you're probably rationalizing that your long stories are interesting. Details and tangents are usually much more fascinating to you than they are to your listener.

Be alert to your listener's nonverbal cues, especially as you talk past the 30-second mark. Does your listener seem fully engaged? Remember that most people would rather talk than listen. Writer Fran Lebowitz says, only half-jokingly, "There is no listening. There's just waiting for the other person to stop talking."

Adopt the traffic-light rule when



you talk. During the first 30 seconds, the light is green and your listener probably isn't bored. During the next 30 seconds, the light is yellow -- your risk of annoying the listener increases. Look for a place to stop. After 60 seconds, the light is red. There may be rare times when you should run a red light -- for example, when you're sharing a fascinating anecdote -- but, usually, you'd better stop.

When you pause, pose a question, such as, "What do you think?" or "Am I being clear -- really?" Adding really gives your listener permission to admit that he or she didn't understand or wasn't paying attention.

A rule of thumb. If, in any conversation, you're speaking more than 60% of the time, you're talking too much. Fifty percent is better. Thirty to forty percent is usually best.

Remember: If you care about other people, you'll make them part of the conversation. And if you tend to care more about yourself, know that you'll get further if you trade in your jibber-jabber self for someone who truly listens. Think of it this way: Big talkers learn little. Good listeners learn a lot.

RSVP FOR THE SWE-RMS TOUR AT COORS BREWING COMPANY

Submitted by Joan Graf

SWE-Rocky Mountain Section Tour Merrick & Company Ethanol Recovery Project Located at Coors Brewing Company Golden, Colorado

MMI - ETOH, a wholly owned subsidiary of Merrick & Company, contracted with Coors Brewing Company to purchase an alcohol condensate waste stream from their brewery, upgrade it to fuel grade ethanol, and sell it to Total Petroleum Company under a long-term contract for Colorado's Front Range Clean Air Program.

Come for a tour of the Merrick Ethanol facility at the Coors Brewing Company. This is a 2007 ACEC/CO Engineering Excellence Award Winner.

The Tour will be at:

Time/Date - 3pm on Thursday, September 20, 2007 (tour will last 1 hour)

Location - Copper Kettle in the Coor's Brewery, just outside of the visitor's center. This is located due east of the Coors Main Entrance at 12th and Ford St. in Golden.

Parking - 13th and Ford, you can ride the Coor's Bus over to the Copper Kettle

Attire – long pants and closed toe shoes. Hard hats and safety glasses will be provided.

After the tour, we will have time to take the short tour to the Coors visitor lounge – it will be open until 5pm.

We have room for 25 people, so please confirm to Joan Graf at grafjj@msn.com by September 15, 2007.

WELCOME TO OUR NEW MEMBERS!

Submitted by Kristin Ramey

May

Emily Lynn Drolshagen, Golden
Lauren Melynn Hafford, Fort Collins
Carey Lynne Jenkins, Rocky Ford
Pamela A Kulbeik, Highlands Ranch
Allison L. Nold, Centennial
Brenda M. Oaks, Vail
Margaret O. Olorunsola, Aurora
Jennifer A Reissner, Cheyenne
Amy Elizabeth Richards, Aurora

Stephanie Selina Ruybal,
Greenwood Village
Bryce E. Tillotson, Nederland

June

Tammy Suzanne Crynes, Lakewood
Christie L. Dowling, Broomfield
Madalene D. Fetsch, Boulder
Seema C Shah-Fairbank, Longmont
Laura Shimmin, Boulder

July

Lisa C Woodward, Denver

The above data is compiled from reports pulled from data maintained on SWE's online directory. The city listed above is from the Preferred Address listed in the directory. If you have any questions on the information listed above, or there are any errors, feel free to contact me at Kristin.Ramey@swe.org

REGISTRATION IS OPEN FOR THE REGION I CONFERENCE

Region I Leap Year

*



*February 29-March 1 * University of Colorado at Boulder Campus*



No way ... I'm an engineer!

Superstition (soo'per-stish'hen) n. A belief, practice, or rite irrationally maintained by ignorance of the laws of nature or by faith in magic or chance. A fearful or abject state of mind resulting from such ignorance or irrationality

Join the Society of Women Engineers for two days of exciting, informative, and fun sessions focused on:

- | | | |
|-------------------|-------------------------|--------------------|
| Networking | Personal Growth | Career Development |
| Financial Freedom | Engineering Exploration | Work/Life Balance |
| Goal-Setting | Nutrition and Fitness | and More! |

Featured presenters include

- Dave Klaus, CU Professor - Mock Lunar Living Module
- Heather Doty, Ball Aerospace - Next Generation Telescope
- Mike Brandameuhl, CU Professor - The Power of Sun: Solar Decathlon
- Jen Ross, Yoga Instructor - Sunrise Yoga

Pre-Register Aug. 15 - Dec. 15 and save!

View schedule and register online at www.cuswe.camp7.org
 SWE Members: Collegiate - \$45, Professional - \$75
 Non-SWE Members: Collegiate - \$50, Professional - \$100
 Women and men welcome! Prices will increase after Dec. 15.

Official Conference Hotel: Boulder Outlook Hotel

Call early to reserve your room in this zero-waste hotel! (800) 542-0304
 Standard room including buffet breakfast - \$69 (Say you're with SWE!)

Visit www.cuswe.camp7.org for registration and complete details

MACY'S SHOP FOR A CAUSE

Submitted by Aspen Coombs

Macy's celebrates a national day of support for local non-profit organizations and SWE-RMS has been invited to participate. For \$5 you receive a coupon for 10% or 20% off shopping at ANY Macy's store nationwide on Saturday October 13th, 2007. Plus you can enter for a chance to win a \$500 gift card from your local Macy's. SWE-RMS receives 100% of the profit from the sale of these tickets, so call up your friends, neighbors, family members and co-workers. If you have questions or wish to purchase/sell tickets, contact Aspen Coombs at aspenleaf5@hotmail.com (Subject: Macy's Tickets).



Register Now.
 1.877.SWE.INFO

October 25-27, 2007
 Women In Tune With Technology
 Nashville Convention Center

For additional information and to register online visit <http://www.swe07.org/>

INTERESTED IN BEING MORE INVOLVED WITH SWE?

Submitted by Chris Tippett

Are you interested in SWE but not sure how you can be involved? Come and discuss the various opportunities in the Rocky Mountain Section, Region *i*, and National levels.

Who: You, the SWE-RMS Members

What: Succession Planning Meeting

Where: Roxborough Library Meeting room

8357 N. Rampart Range Rd. Suite 200, Roxborough Marketplace (Safeway Shopping Plaza) on Rampart Range Road. The library is located on the 2nd floor.

<http://www.douglascountylibraries.org/blogs/rox/rox.php>

When: Sunday, September 23, 1 - 3pm, Stay the whole time, or just pop in!

Please **RSVP by Friday September 21** to Chris Tippett at chris.tippett@merrick.com

Ideas to consider locally - SWE-RMS can help you with

- Professional Development
- Mentoring
- Networking

You can help SWE-RMS

- Career Guidance programs for students
- Networking Nights
- Collegiate activities
- Newsletter
- Website
- Volunteers

ACEC WOMENS FORUM MEETING NOTICE

Submitted by Lori Stucky

The Women Engineers Forum committee is scheduled to meet on Tuesday, September 12th at 7:30 a.m. at the ACEC/CO offices at 800 Grant Street. Please RSVP to assist us in planning.

The Construction Career Days event is coming up October 3-4. This event is popular with students and teachers alike. It attracts 1500 high school students to hands-on activities designed to introduce them to some of the careers available in the design/construction industry.

We need volunteers to act as Group Leaders and general help for the event. Group Leaders chaperone 10-15 students between activities. Those with experience in the design/construction industry are particularly valuable as Group Leaders. Please volunteer if you can. More information is attached.

We'll look forward to seeing you on September 12th!

REGISTER NOW FOR THE WOMEN'S SUCCESS FORUM ON OCTOBER 3

Submitted by Sandra Wiese

Have you purchased your table or registered for your seat as an individual at this year's most exciting, supportive and inspirational career development event in Denver? Don't wait another day! This year over 1,400 professional women – and their allies – will be assembling at the Colorado Convention Center for a day filled with remarkable keynote speakers, breakout sessions, Tribute Awards, and much more. You will leave the [2007 Women's Success Forum](#) re-energized, re-charged, and ready to take on the next big challenge! This event will fill to capacity soon.

Contact Gigi Stewart at gigi@womensvision.org or for table registration.

Visit the Women's Success Forum Website and Register today!
<http://www.womenssuccessforum.com/>

PROGRAMS ON THE WOMEN'S VISION FOUNDATION FALL CALENDAR

Submitted by Sandra Wiese

Make the most of your talent and skills – show your company what you can do!

Kick-off the fall season by scheduling time to develop your career. Enrich what you bring to your current position, add a significant contribution to your company's success, and take yourself to the next level. It's up to you to decide when, where and how your career is going to move forward. The programs on the fall calendar offer just the right content and connections to take you where you want to go. Invest time in yourself!

Fall Programs Schedule

Start Date	Program Info/Registration
September 25	Women'sLink South
October 2	Women'sLink North
Sept. 19 & Oct. 11	Mentoring Circles Showcase
October 10	Managing for Impact
October 22	NEW! Empowering for Excellence
October 24	Women's Leadership Institute – Fall 2007
November 8	Critical Thinking



10th Annual
 2007
**WOMEN'S
 SUCCESS
 FORUM**

The Premier
 Leadership Conference
 for Corporate Women

Wednesday,
 October 3, 2007
 Colorado Convention Center



Society of Women
Engineers

P.O. Box 260692
Lakewood, CO 80226-0692

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mation on events and programs
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We thank Washington Group
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Networking Nights Westminster/Boulder	Heather Doty	heather.doty@swe.org
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Metro State	OPEN	
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U of Denver	Chris Tippet	chris.tippet@merrick.com
U of Wyoming	OPEN	
COR Representative	Sandy Thwaites	thwaites4@comcast.net
Bylaws	Joan Graf	grafjj@msn.com
Awards	OPEN	

Calendar of Events

For complete details, directions, and more, visit the RMS website calendar

Sep. 18, 2007	South Denver Networking Night, 6-8 p.m. at CB & Potts
Sep. 20, 2007	Ft. Collins Networking Night, 6-8 p.m. at Savoy Brasserie
Oct. 3 & 4, 2007	Construction Career Days
Oct. 13, 2007	Macy's Shop for a Cause
Oct. 25–27, 2007	SWE National Conference, Nashville, TN
Nov. 15, 2007	Ft. Collins Networking Night, Time and Location TBD
Feb. 29-Mar. 1, 2008	SWE Region i Conference (Univ. of Colorado, Boulder, CO)
Jan. 2008	SWE-RMS Newsletter transitions to an online format
Jan. 17, 2008	Ft. Collins Networking Night, Time and Location TBD
Feb. 29-Mar. 1, 2007	Region i Conference, Univ. of Colorado at Boulder
Mar. 20, 2008	Ft. Collins Networking Night, Time and Location TBD
May 15, 2008	Ft. Collins Networking Night, Time and Location TBD

Society of Women Engineers
 Rocky Mountain Section
 P.O. Box 260692
 Lakewood, CO 80226-0692